

Bulletin



HANDS



FACE



SPACE

Following a recent rise in COVID – 19 cases please refer to the following guidance documents and videos to ensure that you are aware of the safety measures that must be adhered to in order to reduce the risk of transmitting the virus further.

Information:

From Wednesday 14th October 2020, England will be split into "medium", "high" and "very high" coronavirus alert levels.

A new three-tier system of local lockdown measures for England has been announced to try to curb rising COVID-19 rates. The Local COVID Alert Levels - "medium", "high" and "very high" - will be implemented depending on local infection rates. The government has released a full list of areas and which tier they fall under.

What are the rules for the different tiers - and which is your area in?

Tier 1 – Medium

- 10pm curfew for bars, pubs and restaurants
- Gatherings of more than six people banned, apart from some settings such as funerals and weddings

Everywhere in England apart from the places listed further down are in Tier 1.

Tier 2 - High:

- Mixing of households indoors not allowed.
- Two households can meet in a private garden - rule of six and social distancing rules apply.
- Pubs and restaurants remain open, but no mixing of households inside and 10pm curfew.

Areas in Tier 2:

Cheshire: Cheshire West and Chester, Cheshire East, **Greater Manchester:** Manchester, Bolton, Bury, Stockport, Tameside, Trafford, Wigan, Salford, Rochdale, Oldham, Warrington, **Derbyshire:** High Peak - the wards of Tintwistle, Padfield, Dinting, St John's, Old Glossop, Whitfield, Simmondley, Gamesley, Howard Town, Hadfield South and Hadfield North, **Lancashire:** Lancashire, Blackpool, Preston, Blackburn with Darwen, Burnley, **West Yorkshire:** Leeds, Bradford, Kirklees, Calderdale, Wakefield, **South Yorkshire:** Barnsley, Rotherham, Doncaster, Sheffield, **North East:** Newcastle, South Tyneside, North Tyneside, Gateshead, Sunderland, Durham, **Northumberland:** Tees Valley, MidRedcar and Cleveland, Stockton-on-Tees, Darlington, Hartlepool, **West Midlands:** Birmingham, Sandwell, Solihull, Wolverhampton, Walsall, **Leicester:** Leicester, Oadby and Wigston, **Nottingham:** Nottinghamshire, Nottingham City

Please wash your PPE as often as possible



Tier 3 - Very high:

- No mixing of households indoors and outdoors, including in private gardens.
- Pubs and bars to close.
- Restaurants, and pubs that can operate as restaurants, allowed to stay open.
- Local politicians will decide if gyms, betting shops, casinos, hairdressers and beauty salons should close.
- Non-essential shops, schools and universities to remain open.
- Avoid non-essential travel.
- Travel outside area advised against.

Areas in Tier 3:

Liverpool City Region - gyms, leisure centres, betting shops, casinos and adult gaming centres must close as well.

Liverpool, Knowsley, Wirral, St Helens, Sefton & Halton.

We also recommend you download and install the free NHS COVID-19 App onto your mobile phone to support the governments track and trace service.

Key Messages:

Anyone who tests positive and then knowingly provides false information about their close contacts will also be fined. **Please familiarise yourself with our Site Operating Guidance – [Click Here](#) and Video – [Click Here](#)**

This guidance is intended to introduce consistent measures on sites of all sizes in line with the Government's recommendations on social distancing.

Key messages:

- **Self-Isolate** and do not go into work if you are **showing symptoms** of COVID-19
- If you or a colleague start to show symptoms whilst at work return home immediately
- Travelling to work – where possible this should be alone and using your own mode of transport, where this is not possible refer to the below Safe Working Guidance video
- Where possible maintain a 2m distance from colleagues
- **Regularly wash hands and use hand sanitiser**
- If you cough or sneeze do so into a tissue and dispose of the tissue cleaning hands afterwards
- You must wear a face covering where required to do so
- Follow signage and one-way systems that may be in place on site
- Ensure that PPE is properly cleaned after use or disposable PPE is used where possible

If you're travelling to/from work in a shared vehicle please refer to our Getting to Work Safely Guidance – [Click Here](#)

Further documentation and guidance on COVID-19 can be found on our website www.fortel.co.uk

Please wash your PPE as often as possible